



"Recovery ... It's about You, Me and Everyone In Between"

The Schizophrenia Society of Ontario, United Survivors Support Centre, and Durham Mental Health Services in conjunction with Seamless Care Pharmacy proudly present ...

RECOVERY NOW!

A Conference for Consumers, Family Members, and Service Providers



Monday, April 26, 2010

9:00am to 5:00pm

**Whitby Centennial Building Regal Room
416 Centre Street South, Whitby**

\$15.00 per person

Refreshments and lunch provided by CMHA-Markham Road's Yamaha Café.

Please see reverse for topics/speakers, directions and registration.

TOPICS AND SPEAKERS

THE RECOVERY VISION:

- Norine Thompson (Coordinator of Crisis Services) - Durham Mental Health Services
- Vytas Velyvis (Director, Interprofessional Research, Knowledge Translation and Academic Development), Joanne Jones (Clinical Education Leader), and John Dick (Coordinator, Patient Council, Quality, Risk Management)– Ontario Shores Centre for Mental Health Sciences

CONSUMER VOICES:

- Deborrah Sherman (Executive Director) - Ontario Peer Development Initiative
- Allan Strong (Recovery Education Coordinator) - Self-Help Alliance/Stand Up for Mental Health

PEER SUPPORT AND PARTNERSHIP:

- Laine Budd, Sabrina Colley (Peer Support Workers) - United Survivors Support Centre
- Lisa Locke, John McDonald (Community Mental Health Workers) - Durham Mental Health Services

THE FAMILY PERSPECTIVE:

- Allyson Susko (Regional Coordinator) and Joleen Marquis (Family and Community Coordinator) - Schizophrenia Society of Ontario – Peterborough/Durham Region branch

RECOVERY SKILLS - BUILDING OUR RESILIENCE:

- David Clarke (Coordinator of Communications and Training) - Durham Mental Health Services

Free parking is available onsite. (Enter the parking lot from King Street or Dunlop Street West.) There is also free street parking adjacent to the site.

Directions – Whitby Centennial Building is at 416 Centre Street South, Whitby between Ontario Street West and Gilbert Street West.

From Hwy 401/Brock Street South - Take Exit 410/Brock Street and travel 1 km to Ontario Street; turn left onto Ontario Street West; Centre Street is the second right.

From Dundas Street – Turn onto Centre Street and travel three blocks. Whitby Centennial Building faces Centre Street. The parking lot is on the west side of the building facing King Street.



To register, call Claudette Kellam at 905-666-0831, ext. 221 *or* complete attached registration form and fax to 905-666-2976 *or* e-mail information to ckellam@dmhs.ca by April 15, 2010.

Name: _____ **Address:** _____

City: _____ **Telephone Number:** _____

E-mail: _____ **Organization (if applicable):** _____

Dietary Restrictions? _____

Please drop off cheque or cash *or* mail cheque (payable to Durham Mental Health Services) to:

**Durham Mental Health Services
519 Brock Street South
Whitby, ON L1N 4K8**